



ABOUT DANIELLE

Danielle is a licensed clinical therapist, certified perinatal mental health specialist, certified mental health and nutrition clinical specialist, wife, mom, and woman of many additional roles. Previously a school counselor, Danielle's personal experience with (undiagnosed) postpartum depression as well as postpartum anxiety ignited her desire to support birthing parents and spread awareness about Perinatal Mental Health. While learning more about the field, Danielle volunteered as a local support coordinator for Postpartum Support International. She then started her private practice, providing therapy and support for women during pregnancy, postpartum, and beyond. Over the years she has broadened her area of specialty to include motherhood anxiety and burnout, as well as ADHD. She has proudly worked as a consultant at local hospitals, assisting with care coordination for patients and alerting physicians and staff to best practices. She has given presentations to large corporations such as Blue Cross Blue Shield about the importance of Perinatal care and has remained involved with Postpartum Support International as a board member of the PSI Michigan Chapter as well as at a national level as the past Professional Outreach Coordinator. Currently, Danielle has the privilege of chairing the Advisory Council for the Jewish Fertility Foundation Detroit Chapter. She is also a Brown University ROSE certified instructor.

PROFESSIONAL EXPERIENCE

Danielle S. Gordon (previously Your Village Counseling, PLLC)

Established May 2019

Owner and Licensed Clinical Therapist

- Private practice focusing on the education and treatment of perinatal mental health, as well as supporting mothers on a larger scale.
- Services include individual therapy, consultation, presentation services, care plan coordination, community collaboration.
- Areas of specialty include pregnancy and postpartum, motherhood anxiety and burnout, and female ADHD.

HENRY FORD HEALTH SYSTEM, West Bloomfield, MI and Virtually

2020-2023

Consultant/POST Team Community Liaison

- Create and implement ROSES support groups throughout Henry Ford Hospitals, increasing access to care for all 5 hospitals
- Visit at-risk patients in Labor and Delivery to help process traumatic events such as emergency cesarian deliveries, postpartum hemorrhage, severe preeclampsia, infant admissions to NICU, poor outcome or loss.
- Developing working relationships with community practitioners.
- Assist in finding patient mental health services when PBHI team is unable to accommodate.
- Teaching L & D staff appropriate assessment skills to recognize PMAD symptoms.
- Creating and updating resource packet for patients and L and D staff.
- Specific Perinatal Trauma and Loss training for HFWB patients.

BEAUMONT HEALTH, Royal Oak, MI

2021-2022

Parent Support Coordinator

- Support patients identified as elevated risk for postpartum mood and anxiety disorders by supplying education, conducting weekly support groups, and following up with phone calls.
- Contact and evaluate at-risk patients to decide their needs and provide education and/or referrals.
- Develop and conduct virtual classes to educate prenatal parents on the transition to parenthood,

- Development, coordination, and supervision of weekly virtual Parent Connection Groups
- Recruit, train, and supervise qualified volunteers to lead various groups.
- Act as a resource on parenting and perinatal mood and anxiety disorders for Beaumont patients, hospital staff, and healthcare providers as well as inform providers on education and resources for patients.

POSTPARTUM SUPPORT INTERNATIONAL (PSI), MI and Nationally

2018-Present

Professional Outreach Coordinator

- Support and maintain records for training programs including attendees, length of attendance per attendee, and which continuing education credits attendee requests
- Assist in PSI Grant review process: rubric creation, scoring of applications, finalizing winners
- Apply for continuing education credits from organizations such as: National Association of Social Workers, American Academy of Family Physicians, American Occupational Therapy Association, etc.
- Attend board and staff meetings as needed

PSI State Chapter Liaison and Board Member, PSI Michigan Chapter

- Serve as a member of the full PSI Chapter Liaison Council (CLC)
- Bring chapter concerns and suggestions to the CLC
- Maintain communication and chapter correspondences regarding functions, fundraising, technical assistance, reporting, etc. in collaboration with the PSI office staff.

State Support Coordinator

- Serve as ambassador to Postpartum Support International
- Identify and capture local resources (providers, groups, support)
- Offer information about symptoms and steps to wellness to both providers and parents
- Help families create action plan to address needs and advocate on their behalf with third party agencies
- Respond to texts, calls, and emails from those who need support
- Develop community presentations tailored to specific audience and needs

LICENSURE AND CERTIFICATIONS

Licensed Professional Counselor (LPC), State of MI and FL

School Counselor License (SCL), State of MI

National Certified Counselor (NCC), National Board for Certified Counselors

Perinatal Mental Health Certified (PMH-C), Postpartum Support International

Rose Interventionist Certification, Brown University, Dept of Psychiatry & Human Behavior, Medicine, and OBGYN

Certified Mental Health and Nutrition Clinical Specialist, Evergreen Certifications

EDUCATION

Seminar HaKibutzim, Tel Aviv, Israel

Completed October 2011

Certification: Teaching English as a Second Language

Oakland University, Rochester, MI

Graduated December 2010

Masters in Guidance and Counseling

University of Michigan, Ann Arbor, MI

Graduated April 2006

Bachelor of Arts in Psychology, Minor in Crime and Justice

REFERENCES

Ronald Hormel, MA, LPC, NCC – Clinical Therapist at Birmingham Maple Clinic

rhormel@birminghammaple.com

Kristina Ledlow, ICCE-CD, PMH-C – Perinatal Emotional Support Coordinator and Chair of PSI MI

ledlorkr@bronsonhg.org

Annie Phillips, LMSW-C, PMH-C, EMDR Trained – Owner and Licensed Clinical Therapist at The Phillips Clinic

Annie@thephillipsclinic.com

PROFESSIONAL DEVELOPMENT – a sampling

Courses and Workshops:

ADHD and Sex: Building Focus and Attention for Intimacy

Ari Tuckman, PsyD, MBA

ADHD, Pregnancy and Motherhood: A Practical Guide for Hopeful Parents

Allison Baker, Center for Women's Mental Health Massachusetts General Hospital

Advanced Perinatal Mental Health Psychopharmacology

Postpartum Support International

Advanced Perinatal Mental Health Psychotherapy

Postpartum Support International

Breastfeeding May Not Always Be Best: How the exclusive-breastfeeding movement is impacting mother's mental health

Pediatrician Dr. Liza Natalie and Reproductive Psychiatrist Dr. Catherine Birndorf, The Motherhood Center

Cognitive Behavioral Therapy for the Perinatal Period: 2 Day Training

Ruthie Arbit, Clinical Faculty Medstar Georgetown University Hospital

Executive Function Strategies to Externalize Time, Memory, Motivation.

Ari Tuckman, PsyD, MBA

Exposure and Response Prevention Therapy for OCD, 4 Day Intensive Workshop

Cognitive Behavior Institute Center for Education

Listening, Refusal & Power Struggles: How to Increase Cooperation In Your Home

Dr. Becky Kennedy, PhD

Management of Bipolar Disorder in the Perinatal Patient

The Periscope Project

Mastering DSM-5 Differential Diagnosis, Mental Health Documentation and Medical Necessity

Dr. Peggy Bloom and Beth Rontal, LICSW

Michigan Model DBT-Pregnancy and Postpartum Training

Zero to Thrive, University of Michigan Psychiatry

Mom Rage: How to Stay Calm Amidst the Chaos

Dr. Becky Kennedy, PhD

Pediatric Psychopharmacology: Managing Disruptive Behavior

Pareesh Patel, MD, PhD, University of Michigan

Perinatal Death

Resolve Through Sharing

Perinatal Mental Health in Changing Times

Northwestern University Feinberg School of Medicine

Perinatal Mood Disorder: Components of Care

Postpartum Support International

Perinatal OCD

Melissa Weinberg, LCPC

Perinatal Perfectionism: Using IFS to Heal Inner Critics

Family Tree Wellness

Positive Parenting and Teaching Strategies to Transform Problem Behaviors

Howard Glasser, Nurtured Heart Institute

Pregnancy and Infant Loss: Effective Strategies to Support Grief and Treat Trauma

Julie Bindeman, PsyD

Psychopharmacology: Essential Information for Mental Health Professionals

Dr. Kenneth Carter, Oxford College, Emory University

Slaying the Monstrous Misconceptions about Postpartum Psychosis

Postpartum Support International

Teletherapy and Perinatal Mental Health

Postpartum Support International

The ADHD Advantage: Parenting Strategies to Turn Your Child's Inattention, Hyperactivity and Impulsivity into Superpowers

Marko Juhant

The ADHD Love Languages: How to Communicate Better to Solve Relationship Problems

Melissa Orlov, Harvard University

The Importance of the Body in Psychotherapy

Jennifer Goggin, LPC, LMHC, SEP

The Perfect Storm- Unraveling Anxiety, Autism, ADHD, and Sensory Processing

Dr. Ian Shepstone, DC, CACCP

Transfer of Opioids, Bipolar Meds, and Cannabis into Human Milk

Medela and Dr. Thomas Hale, InfantRisk Center